



**FSSI RMIT-Semester 2 2019 c3402 Cert III IS (Aged and Disability)**

**NEW GROUP- JULY INTAKE**

**Cluster 1**

**Units:**

- CHCLEG001 Work legally and ethically (55)
- CHCCOM005 Communicate and work in health or community services (30)
- HLTWHS002 Follow safe work practices for direct client care (25)
- CHCDIV001 Work with diverse people (40)

<b>FSSI RMIT-Semester 2 2019 c3402 Cert III IS (Aged and Disability)</b>			
<b>Week</b>	<b>Day 1</b>	<b>Day 2</b>	<b>Day 3</b>
<b>1</b>	<b>Mon 8/07/19 AM &amp; PM</b>	<b>Tues 9/07/19 AM &amp; PM</b>	<b>Wed 10/07/19 AM &amp; PM</b>
	<ul style="list-style-type: none"> <li>• Intro session</li> <li>• Fixing up enrolments</li> <li>• RMIT tour</li> <li>• Any questions</li> <li>• Student services:</li> <li>• ELS,</li> <li>• Counselling,</li> <li>• Library,</li> <li>• SLAMS?</li> <li>• LLN,</li> <li>• Nagarra Willim Centre</li> <li>• Job Centre</li> </ul>	<ul style="list-style-type: none"> <li>• Disability Experts by experience panel</li> <li>• Industry reps</li> <li>• Aged Care Experts by experience panel</li> </ul>	<ul style="list-style-type: none"> <li>• Alumni day – students spend a day with the alumni talking about the course</li> <li>• Researchers</li> <li>• Course Familiarity Day- Students get thought how to use Canvas.E.g. Introduce online component- Ethics of Care</li> </ul>
<b>2</b>	<b>Mon 15/07/19</b>	<b>Tues 16/07/19</b>	<b>Wed 17/07/19</b>
	<p><b>Understanding the job role</b>  <b>Understanding role of allied health etc.</b>  <b>Introduction to NDIS framework</b></p>	<p><b>Personal values – what are they? How do they shape what we do?</b>  <b>Understanding needs – personal, service users and employers</b></p>	<p><b>Models used to support ethics of care (introduce person-centred, rights-based etc.)</b>  <b>Introduction to rights</b></p>
<b>3</b>	<b>Mon 22/7/19</b>	<b>Tues 23/7/19</b>	<b>Wed 24/07/19</b>
	<p><b>Introduction to the virtual environment and the online legislative component – complete this in</b></p>	<p><b>Using communication to show respect and understand others</b>  <b>Building rapport</b></p>	<p><b>Ethics of care module</b></p>





	class with discussion points – policies procedures & org structures part (includes assessment)	Documentation – written and electronic Communications protocols Using digital media	
4	Mon 29/7/19 Practical room	Tues 30/7/19	Wed 31/7/19
	Safety – what is it and why is it important Using lifting equipment slide sheets Hand washing	Managing personal stress and fatigue Self-care Feedback and personal improvement	Diversity module online
5	Mon 05/08/19	Tues 06/08/19 Practical room	Wed 7/8/19
	Dealing with conflict Ethical dilemmas (linked to ethical care frameworks) Legal breaches Problem solving techniques Understanding where workplaces can improve How to provide feedback (assess on this – done in class)	Students conduct a safety audit and then participate in debriefings Hazard and risk management Emergencies	Diversity module online
6	Mon 12/08/19	Tues 13/08/19 Practical room	Wed 14/08/19
	Explanation of what behaviours of concern are and what happens in the workplace Triggers Debriefing	emergency simulation assessments	the online legislative component – complete this in class with discussion points – legislation part (includes assessment) Legal and ethical case study assessments





7	Mon 19/08/19	Tues 20/08/19	Wed 21/08/19
	Supported placement	Supported placement WHS and risk assesemnt task	Supported placement
8	Mon 26/08/19 Practical room to split group	Tues 27/8/19 Practical room to split group	Wed 28/08/19 Practical room to split group
	Placement/practical assessments (manual handling task with comm and leg skills)	placement/practical assessments	Placement/practical assessments
9	Mon 2/09/19		
	Debriefing/catch up		

## Cluster 2

### Units:

- CHCDIS001 Contribute to ongoing skills development using a strengths-based approach (40)
- CHCDIS002 Follow established person-centred behaviour supports (50)
- CHCDIS007 Facilitate the empowerment of people with disability (100)
- CHCDIS003 Support community participation and social inclusion (60)

Week	Day 1	Day 2	Day 3
1	Mon 23/09/19	Tues 24/09/19	Wed 25/09/19 Practical room to split group
	Understanding concept of disability and social vs medical models Types of disabilities Experts by experience	Active citizenship Societal impacts on people with disabilities Disability and cultural differences – accommodating cultural and religious needs of service users	Workplace practice – supporting people with disabilities in activities
2	Mon 30/09/19 Practical room to split group	Tues 1/10/19 Practical room to split group	Wed 2/10 /19 Practical room to split group
	Workplace practice – supporting people with disabilities in activities	Workplace practice – supporting people with disabilities in activities	Workplace practice – supporting people with disabilities in activities





3	Mon 07/10/19	Tues 08/10/19	Wed 09/10 /19 Practical room to split group
	Strategies to support people with disabilities to exercise their rights and choices Overview of daily living activities Identifying strengths, skills and competencies	Assessment processes used by services providers Ways to build and strengthen networks Promoting independence	Workplace practice – supporting people with disabilities in activities
4	Mon 14/10/19	Tues 15/10/19	Wed 16/10 /19 Practical room to split group
	Behaviours of concern – understanding them and why they occur Identifying unmet needs Behaviours of concern – managing and reporting them	Community participation Roles of carers and family – how to navigate conflicting values and agendas Getting feedback	Workplace practice – supporting people with disabilities in activities
5	Mon 21/10/19	Tues 22/10/19	Wed 23/10/19 Practical room to split group
	Critical incidents – what are they and how to manage them (may need wellbeing support person) Reporting	Positive lifestyle enhancement strategies Disability and cultural differences – accommodating cultural and religious needs of service users	Workplace practice – supporting people with disabilities in activities



6	Mon28/10/19	Tues 29/10/19	Wed 30/10/19 Practical room to split group
	Self-limitations Personal values Getting advice and help Searching for additional information to help	Concepts of vulnerability, power, independence and interdependence and importance in disability Safe environments	Workplace practice – supporting people with disabilities in activities
7	Mon 04/11/19	Tues 05/11/19 Melb cup Room not required	Wed 06/11 /19 Practical room to split group
	Incidental learning Opportunities for learning Teaching and leaving strategies Prompting – principles and fading reinforcing techniques motivators and de-motivators to learning	Resources to compliment strengths Specialist services and referral options Withdrawing support to appropriate levels	Placement/ practical assessments (support activity for person with disability of their choice – contributing to skill development)
8	Mon 11/11/19	Tues 12/11/19	Wed 13/11 /19 Practical room to split group
	Monitoring levels of engagement and working with the service user to overcome barriers Providing constructive feedback	Enabling technology micro-credential	Placement/ practical assessments (support activity for person with disability of their choice – contributing to skill development)
9	Mon 18/11/19	Tues 19/11/19	Wed 20/11 /19 Practical room to split group
	Critical incidents – what are they and how to manage them (may need wellbeing support person)	Enabling technology micro-credential	Placement/ practical assessments (support activity for person with disability of their choice –



	<b>Reporting</b>		<b>contributing to skill development)</b>
<b>10</b>	<b>Mon 25/11/19</b>	<b>Tues 26/11/19</b>	<b>Wed 27/11 /19</b> <b>Practical room to split group</b>
	<b>Critical incident simulation assessments</b>	<b>Signs of abuse</b> <b>Reporting and documentation</b> <b>Advocacy services and complaints mechanisms</b>	<b>Placement/ practical assessments</b> <b>(support activity for person with disability of their choice – contributing to skill development)</b>

### Cluster 3

#### Units:

- CHCAGE005 Provide support to people living with dementia (65)
- CHCCAGE001 Facilitate the empowerment of older people (50)
- CHCCCS011 Meet personal support needs (60)

<b>Week</b>	<b>Day 1</b>	<b>Day 2</b>	<b>Day 3</b>
<b>1</b>	<b>Mon 3/2/2020</b>	<b>Tues 4/2/2020</b>	<b>Wed 5/2 /2020</b> <b>Practical room to split group</b>
	<b>The aged care sector</b> <b>Issues facing older people</b> <b>Care approaches and their applications</b>	<b>Human rights micro-credential</b>	<b>Workplace practice –</b> <b>Daily living activities (shadowing)</b>
<b>2</b>	<b>Mon 10/2/2020</b> <b>Practical room to split group</b>	<b>Tues 11/2/2020</b> <b>Practical room to split group</b>	<b>Wed 12/2 /2020</b> <b>Practical room to split group</b>
	<b>Workplace practice –</b> <b>Daily living activities (shadowing)</b>	<b>Daily living activities (shadowing)</b>	<b>Daily living activities</b> <b>Communicating and supporting with person with dementia</b>
<b>3</b>	<b>Mon 17/2/2020</b>	<b>Tues 18/2/2020</b>	<b>Wed 19/2 /2020</b> <b>Practical room to split group</b>





	<p><b>Identifying strengths of a person</b>  <b>Individual strengths</b>  <b>Helping the person to select activities that are relevant to their strengths</b></p>	<p><b>What is dementia?</b>  <b>Types of dementia symptoms and indicators</b>  <b>Rights of service users</b></p>	<p><b>Workplace practice – Communicating and supporting with person with dementia</b></p>
4	<p><b>Mon 24/2/2020</b>  <b>Practical room to split group</b></p>	<p><b>Tues 25/2/2020</b></p>	<p><b>Wed 26/2 /2020</b>  <b>Practical room to split group</b></p>
	<p><b>Transferring people in and out of a car</b>  <b>Eating and drinking using appropriate techniques</b></p>	<p><b>Communication strategies for people with dementia</b>  <b>Planning and facilitating appropriate support activities for people with dementia</b></p>	<p><b>Workplace practice – daily living activities</b></p>
5	<p><b>Mon 2/3/2020</b>  <b>Practical room to split group</b></p>	<p><b>Tues 3/3/2020</b></p>	<p><b>Wed 4/3 /2020</b>  <b>Practical room to split group</b></p>
	<p><b>Grooming</b>  <b>Oral hygiene</b>  <b>Shaving</b>  <b>Bed bathing</b>  <b>Dressing and undressing</b>  <b>Transferring people from bed to chair</b></p>	<p><b>The ageing process – physiological and psychological changes</b>  <b>Concept of positive ageing</b>  <b>Healthy lifestyle factors and risks (online)</b></p>	<p><b>Workplace practice – daily living activities</b></p>
6	<p><b>Mon 9/3/2020- Labour day (PH)</b></p>	<p><b>Tues 10/3/2020</b>  <b>Practical room to split group</b></p>	<p><b>Wed 11/3 /2020</b>  <b>Practical room to split group</b></p>
		<p><b>Daily living activities and how to motivate people to participate</b></p>	<p><b>Placement/practical assessments</b></p>





		<b>What is personal support?</b> <b>What are the impacts for service users?</b> <b>Risks and creating safe environments</b>	<b>(leisure and health activity)</b>
7	<b>Mon 16/3/2020</b> <b>Practical room to split group</b>	<b>Tues 17/3/2020</b>	<b>Wed 18/3 /2020</b> <b>Practical room to split group</b>
	<b>Toileting and continence aids</b> <b>Showering</b>	<b>Documentation and reporting requirements</b> <b>Use of computer systems</b>	<b>Placement/practical assessments</b> <b>(leisure and health activity)</b>
8	<b>Mon 23/3/2020</b> <b>Practical room to split group</b>	<b>Tues 24/3/2020</b>	<b>Wed 25/3 /2020</b> <b>Practical room to split group</b>
	<b>Falls recovery</b>	<b>Identifying and managing behaviours of concern</b>	<b>Placement/practical assessments</b> <b>(daily living activity)</b>
9	<b>Mon 30/3/2020</b> <b>Practical room to split group</b>	<b>Tues 31/3/2020</b>	<b>Wed 1/4 /2020</b> <b>Practical room to split group</b>
	<b>Falls recovery assessment</b>	<b>Self-care</b> <b>Fatigue management</b> <b>Stress management</b>	<b>Placement/practical assessments</b> <b>(daily living activity)</b>
10	<b>Mon 6/4/2020</b>	<b>Tues 7/4/2020</b>	<b>Wed 8/4 /2020</b> <b>Practical room to split group</b>
	<b>Debriefing/catch up</b>	<b>Online quiz</b>	<b>Placement/practical assessments</b> <b>(any outstanding)</b>

## Cluster 4

### Units:

- CHCCCS015 Provide individual support (30)
- CHCCCS023 Support independence and wellbeing (80)
- CHCCCS021 Respond to suspected abuse (60)
- HLTAAP001 Recognise healthy body systems (70)







Week	Day 1	Day 2	Day 3
1	Mon 27/4/2020	Tues 28/4/2020	Wed 29/4 /2020 Practical room to split group
	Wellbeing Healthy lifestyles Social, cultural and spiritual differences to health and wellbeing – community attitudes Personal values regarding health and wellbeing	Power and abuse microcredential	Workplace practice – supporting people with health and wellbeing activities
2	Mon 4/5/2020 Practical room to split group	Tues 5/5/2020 Practical room to split group	Wed 6/5 /2020 Practical room to split group
	Workplace practice – supporting people with health and wellbeing activities	Workplace practice – supporting people with health and wellbeing activities	Workplace practice – supporting people with health and wellbeing activities
3	Mon 11/5/2020	Tues 12/5/2020	Wed 13/5 /2020 Practical room to split group
	Understanding the human body Overview of body systems and functions Body regulation	Process for responding to abuse Mandatory reporting and next steps in the process	Workplace practice – supporting people with health and wellbeing activities
4	Mon 18/5/2020	Tues 19/5/2020	Wed 20/5/2020 Practical room to split group
	Impact of exercise Physical, social and financial factors that impact wellbeing Individual needs Roles and rights of people in relation to health and wellbeing	Cells, tissues and organs Musculoskeletal system  Cardiovascular system Respiratory system	Workplace practice – supporting people with health and wellbeing activities





	- including role of families		
5	Mon 25/5/2020 Anzac Day	Tues 26/5/2020	Wed 27/5 /2020 Practical room to split group
	Ways to encourage people to participate in health and wellbeing activities Acknowledging and supporting strengths Support strategies and resources relating to health and wellbeing Equipment to support people to participate in activities	Endocrine system Digestive system	Workplace practice – supporting people with health and wellbeing activities
6	Mon 1/6/2020	Tues 2/6/2020	Wed 3/6 /2020 Practical room to split group
	Monitoring own work Providing input to promote change in the workplace	Urinary system Reproductive system	Placement/ practical assessments (support activity for person with health and wellbeing activity)
7	Mon 8/6/2020- Queen's Birthday	Tues 9/6/2020	Wed 10/6 /2020 Practical room to split group
	Integumentary system Lymphatic system	Identifying and responding to changing needs of others Identifying and responding to risks Documentation	Placement/ practical assessments (support activity for person with health and wellbeing activity)
8	Mon 15/6/2020	Tues 16/6/2020	Wed 17/6 /2020 Practical room to split group
	Mental health	Integumentary system	Placement/ practical assessments





	<b>Physical health</b> <b>Protection from infection</b> <b>Nutrition and hydration</b> <b>Reporting variations</b>	<b>Lymphatic system</b>	<b>(support activity for person with health and wellbeing activity)</b>
9	<b>Mon 22/6/2020</b>	<b>Tues 23/6/2020</b>	<b>Wed 24/6/2020</b> <b>Practical room to split group</b>
	<b>Self-care strategies</b> <b>Managing stress and fatigue</b>	<b>Nervous system</b> <b>Special senses</b>	<b>Placement/ practical assessments</b> <b>(support activity for person with health and wellbeing activity)</b>
10	<b>Mon 29/6/2020</b>	<b>Tues 30/6/2020</b>	<b>Wed 1/7 /2020</b> <b>Practical room to split group</b>
	<b>Debriefinng/catch up</b>	<b>Body systems assessment</b>	<b>Placement</b>

