



FSSI RMIT-Semester 2 2019 c3402 Cert III IS (Aged and Disability)

NEW GROUP- JULY INTAKE

Cluster 1

Units:

- CHCLEG001 Work legally and ethically (55)
- CHCCOM005 Communicate and work in health or community services (30)
- HLTWHS002 Follow safe work practices for direct client care (25)
- CHCDIV001 Work with diverse people (40)

Face to face class room times 9.30 am to 3.30 pm in Buidling 51 RMIT

Key

Online acitivity (initially in class then in own time- ipads provided)
Face to face class room
Practical room activity
Supported placement
Placement/practical assessments
Workplace practice





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Week	Day 1	Day 2	Day 3
1	Mon 8/07/19 AM & PM	Tues 9/07/19 AM & PM	Wed 10/07/19 AM & PM
	<ul style="list-style-type: none"> Intro session Fixing up enrolments RMIT tour Any questions Student services: ELS, Counselling, Library, SLAMS? LLN, Nagarra Willim Centre Job Centre 	<ul style="list-style-type: none"> Disability Experts by experience panel Industry reps Aged Care Experts by experience panel 	<ul style="list-style-type: none"> Alumni day – students spend a day with the alumni talking about the course Researchers Course Familiarity Day- Students get thought how to use Canvas. E.g. Introduce online component- Ethics of Care
2	Mon 15/07/19	Tues 16/07/19	Wed 17/07/19
	<p>Understanding the job role</p> <p>Understanding role of allied health etc.</p> <p>Introduction to NDIS framework</p>	<p>Personal values – what are they? How do they shape what we do?</p> <p>Understanding needs – personal, service users and employers</p>	<p>Models used to support ethics of care (introduce person-centred, rights-based etc.)</p> <p>Introduction to rights</p>
3	Mon 22/7/19	Tues 23/7/19	Wed 24/07/19
	<p>Introduction to the virtual environment and the online legislative component – complete this in class with discussion points – policies procedures & org structures part (includes assessment)</p>	<p>Using communication to show respect and understand others</p> <p>Building rapport</p> <p>Documentation – written and electronic</p> <p>Communications protocols</p> <p>Using digital media</p>	Ethics of care module
4	Mon 29/7/19 Practical room	Tues 30/7/19	Wed 31/7/19
	<p>Safety – what is it and why is it important</p> <p>Using lifting equipment slide sheets</p> <p>Hand washing</p>	<p>Managing personal stress and fatigue</p> <p>Self-care</p> <p>Feedback and personal improvement</p>	Diversity module online





5	Wed 05/08/19	Thursday 06/08/19 Practical room	Friday 7/8/19
	Dealing with conflict Ethical dilemmas (linked to ethical care frameworks) Legal breaches Problem solving techniques Understanding where workplaces can improve How to provide feedback (assess on this – done in class)	Students conduct a safety audit and then participate in debriefings Hazard and risk management Emergencies	Diversity module online
6	Mon 12/08/19	Tues 13/08/19 Practical room	Wed 14/08/19
	Explanation of what behaviours of concern are and what happens in the workplace Triggers Debriefing	emergency simulation assessments	the online legislative component – complete this in class with discussion points – legislation part (includes assessment) Legal and ethical case study assessments
7	Mon 19/08/19	Tues 20/08/19	Wed 21/08/19
	Supported placement	Supported placement WHS and risk assessment task	Supported placement
8	Mon 26/08/19 Practical room to split group	Tues 27/8/19 Practical room to split group	Wed 28/08/19 Practical room to split group
	Placement/practical assessments (manual handling task with comm and leg skills)	placement/practical assessments	Placement/practical assessments
9	Mon 2/09/19		
	Debriefing/catch up		



Cluster 2

Units:

- CHCDIS001 Contribute to ongoing skills development using a strengths-based approach (40)
- CHCDIS002 Follow established person-centred behaviour supports (50)
- CHCDIS007 Facilitate the empowerment of people with disability (100)
- CHCDIS003 Support community participation and social inclusion (60)

Week	Day 1	Day 2	Day 3
1	Mon 23/09/19	Tues 24/09/19	Wed 25/09/19 Practical room to split group
	Understanding concept of disability and social vs medical models Types of disabilities Experts by experience	Active citizenship Societal impacts on people with disabilities Disability and cultural differences – accommodating cultural and religious needs of service users	Workplace practice – supporting people with disabilities in activities
2	Mon 30/09/19 Practical room to split group	Tues 1/10/19 Practical room to split group	Wed 2/10 /19 Practical room to split group
	Workplace practice – supporting people with disabilities in activities	Workplace practice – supporting people with disabilities in activities	Workplace practice – supporting people with disabilities in activities
3	Mon 07/10/19	Tues 08/10/19	Wed 09/10 /19 Practical room to split group
	Strategies to support people with disabilities to exercise their rights and choices Overview of daily living activities Identifying strengths, skills and competencies	Assessment processes used by services providers Ways to build and strengthen networks Promoting independence	Workplace practice – supporting people with disabilities in activities
4	Mon 14/10/19	Tues 15/10/19	Wed 16/10 /19 Practical room to split group



	<p>Behaviours of concern – understanding them and why they occur</p> <p>Identifying unmet needs</p> <p>Behaviours of concern – managing and reporting them</p>	<p>Community participation</p> <p>Roles of carers and family – how to navigate conflicting values and agendas</p> <p>Getting feedback</p>	<p>Workplace practice – supporting people with disabilities in activities</p>
5	<p>Mon 21/10/19</p>	<p>Tues 22/10/19</p>	<p>Wed 23/10/19</p> <p>Practical room to split group</p>
	<p>Critical incidents – what are they and how to manage them (may need wellbeing support person)</p> <p>Reporting</p>	<p>Positive lifestyle enhancement strategies</p> <p>Disability and cultural differences – accommodating cultural and religious needs of service users</p>	<p>Workplace practice – supporting people with disabilities in activities</p>
6	<p>Mon 28/10/19</p>	<p>Tues 29/10/19</p>	<p>Wed 30/10/19</p> <p>Practical room to split group</p>
	<p>Self-limitations</p> <p>Personal values</p> <p>Getting advice and help</p> <p>Searching for additional information to help</p>	<p>Concepts of vulnerability, power, independence and interdependence and importance in disability</p> <p>Safe environments</p>	<p>Workplace practice – supporting people with disabilities in activities</p>
7	<p>Mon 04/11/19</p>	<p>Tues 05/11/19</p> <p>Melb cup</p> <p>Room not required</p>	<p>Wed 06/11 /19</p> <p>Practical room to split group</p>
	<p>Incidental learning</p> <p>Opportunities for learning</p> <p>Teaching and leaving strategies</p>	<p>Resources to compliment strengths</p> <p>Specialist services and referral options</p>	<p>Placement/ practical assessments</p> <p>(support activity for person with disability of their choice –</p>





	Prompting – principles and fading reinforcing techniques motivators and de-motivators to learning	Withdrawing support to appropriate levels	contributing to skill development)
8	Mon 11/11/19	Tues 12/11/19	Wed 13/11 /19 Practical room to split group
	Monitoring levels of engagement and working with the service user to overcome barriers Providing constructive feedback	Enabling technology micro-credential	Placement/ practical assessments (support activity for person with disability of their choice – contributing to skill development)
9	Mon 18/11/19	Tues 19/11/19	Wed 20/11 /19 Practical room to split group
	Critical incidents – what are they and how to manage them (may need wellbeing support person) Reporting	Enabling technology micro-credential	Placement/ practical assessments (support activity for person with disability of their choice – contributing to skill development)
10	Mon 25/11/19	Tues 26/11/19	Wed 27/11 /19 Practical room to split group
	Critical incident simulation assessments	Signs of abuse Reporting and documentation Advocacy services and complaints mechanisms	Placement/ practical assessments (support activity for person with disability of their choice – contributing to skill development)

Cluster 3

Units:

- CHCAGE005 Provide support to people living with dementia (65)
- CHCCAGE001 Facilitate the empowerment of older people (50)
- CHCCCS011 Meet personal support needs (60)





Week	Day 1	Day 2	Day 3
1	Mon 3/2/2020	Tues 4/2/2020	Wed 5/2 /2020 Practical room to split group
	The aged care sector Issues facing older people Care approaches and their applications	Human rights micro-credential	Workplace practice – Daily living activities (shadowing)
2	Mon 10/2/2020 Practical room to split group	Tues 11/2/2020 Practical room to split group	Wed 12/2 /2020 Practical room to split group
	Workplace practice – Daily living activities (shadowing)	Daily living activities (shadowing)	Daily living activities Communicating and supporting with person with dementia
3	Mon 17/2/2020	Tues 18/2/2020	Wed 19/2 /2020 Practical room to split group
	Identifying strengths of a person Individual strengths Helping the person to select activities that are relevant to their strengths	What is dementia? Types of dementia symptoms and indicators Rights of service users	Workplace practice – Communicating and supporting with person with dementia
4	Mon 24/2/2020 Practical room to split group	Tues 25/2/2020	Wed 26/2 /2020 Practical room to split group
	Transferring people in and out of a car Eating and drinking using appropriate techniques	Communication strategies for people with dementia Planning and facilitating appropriate support activities for people with dementia	Workplace practice – daily living activities
5	Mon 2/3/2020	Tues 3/3/2020	Wed 4/3 /2020





	Practical room to split group		Practical room to split group
	Grooming Oral hygiene Shaving Bed bathing Dressing and undressing Transferring people from bed to chair	The ageing process – physiological and psychological changes Concept of positive ageing Healthy lifestyle factors and risks (online)	Workplace practice – daily living activities
6	Mon 9/3/2020- Labour day (PH)	Tues 10/3/2020 Practical room to split group	Wed 11/3 /2020 Practical room to split group
		Daily living activities and how to motivate people to participate What is personal support? What are the impacts for service users? Risks and creating safe environments	Placement/practical assessments (leisure and health activity)
7	Mon 16/3/2020 Practical room to split group	Tues 17/3/2020	Wed 18/3 /2020 Practical room to split group
	Toileting and continence aids Showering	Documentation and reporting requirements Use of computer systems	Placement/practical assessments (leisure and health activity)
8	Mon 23/3/2020 Practical room to split group	Tues 24/3/2020	Wed 25/3 /2020 Practical room to split group
	Falls recovery	Identifying and managing behaviours of concern	Placement/practical assessments (daily living activity)
9	Mon 30/3/2020	Tues 31/3/2020	Wed 1/4 /2020





	Practical room to split group		Practical room to split group
	Falls recovery assessment	Self-care Fatigue management Stress management	Placement/practical assessments (daily living activity)
10	Mon 6/4/2020	Tues 7/4/2020	Wed 8/4 /2020 Practical room to split group
	Debriefing/catch up	Online quiz	Placement/practical assessments (any outstanding)

Cluster 4

Units:

- CHCCCS015 Provide individual support (30)
- CHCCCS023 Support independence and wellbeing (80)
- CHCCCS021 Respond to suspected abuse (60)
- HLTAAP001 Recognise healthy body systems (70)

Week	Day 1	Day 2	Day 3
1	Mon 27/4/2020	Tues 28/4/2020	Wed 29/4 /2020 Practical room to split group
	Wellbeing Healthy lifestyles Social, cultural and spiritual differences to health and wellbeing – community attitudes Personal values regarding health and wellbeing	Power and abuse microcredential	Workplace practice – supporting people with health and wellbeing activities
2	Mon 4/5/2020 Practical room to split group	Tues 5/5/2020 Practical room to split group	Wed 6/5 /2020 Practical room to split group
	Workplace practice – supporting people with health and wellbeing activities	Workplace practice – supporting people with health and wellbeing activities	Workplace practice – supporting people with health and wellbeing activities
3	Mon 11/5/2020	Tues 12/5/2020	Wed 13/5 /2020





			Practical room to split group
	Understanding the human body Overview of body systems and functions Body regulation	Process for responding to abuse Mandatory reporting and next steps in the process	Workplace practice – supporting people with health and wellbeing activities
4	Mon 18/5/2020	Tues 19/5/2020	Wed 20/5/2020 Practical room to split group
	Impact of exercise Physical, social and financial factors that impact wellbeing Individual needs Roles and rights of people in relation to health and wellbeing – including role of families	Cells, tissues and organs Musculoskeletal system Cardiovascular system Respiratory system	Workplace practice – supporting people with health and wellbeing activities
5	Mon 25/5/2020 Anzac Day	Tues 26/5/2020	Wed 27/5 /2020 Practical room to split group
	Ways to encourage people to participate in health and wellbeing activities Acknowledging and supporting strengths Support strategies and resources relating to health and wellbeing Equipment to support people to participate in activities	Endocrine system Digestive system	Workplace practice – supporting people with health and wellbeing activities
6	Mon 1/6/2020	Tues 2/6/2020	Wed 3/6 /2020 Practical room to split group
	Monitoring own work Providing input to promote change in the workplace	Urinary system Reproductive system	Placement/ practical assessments (support activity for person with health and wellbeing activity)





7	Mon 8/6/2020- Queen's Birthday	Tues 9/6/2020	Wed 10/6 /2020 Practical room to split group
	Integumentary system Lymphatic system	Identifying and responding to changing needs of others Identifying and responding to risks Documentation	Placement/ practical assessments (support activity for person with health and wellbeing activity)
8	Mon 15/6/2020	Tues 16/6/2020	Wed 17/6 /2020 Practical room to split group
	Mental health Physical health Protection from infection Nutrition and hydration Reporting variations	Integumentary system Lymphatic system	Placement/ practical assessments (support activity for person with health and wellbeing activity)
9	Mon 22/6/2020	Tues 23/6/2020	Wed 24/6/2020 Practical room to split group
	Self-care strategies Managing stress and fatigue	Nervous system Special senses	Placement/ practical assessments (support activity for person with health and wellbeing activity)
10	Mon 29/6/2020	Tues 30/6/2020	Wed 1/7 /2020 Practical room to split group
	Debriefing/catch up	Body systems assessment	Placement

