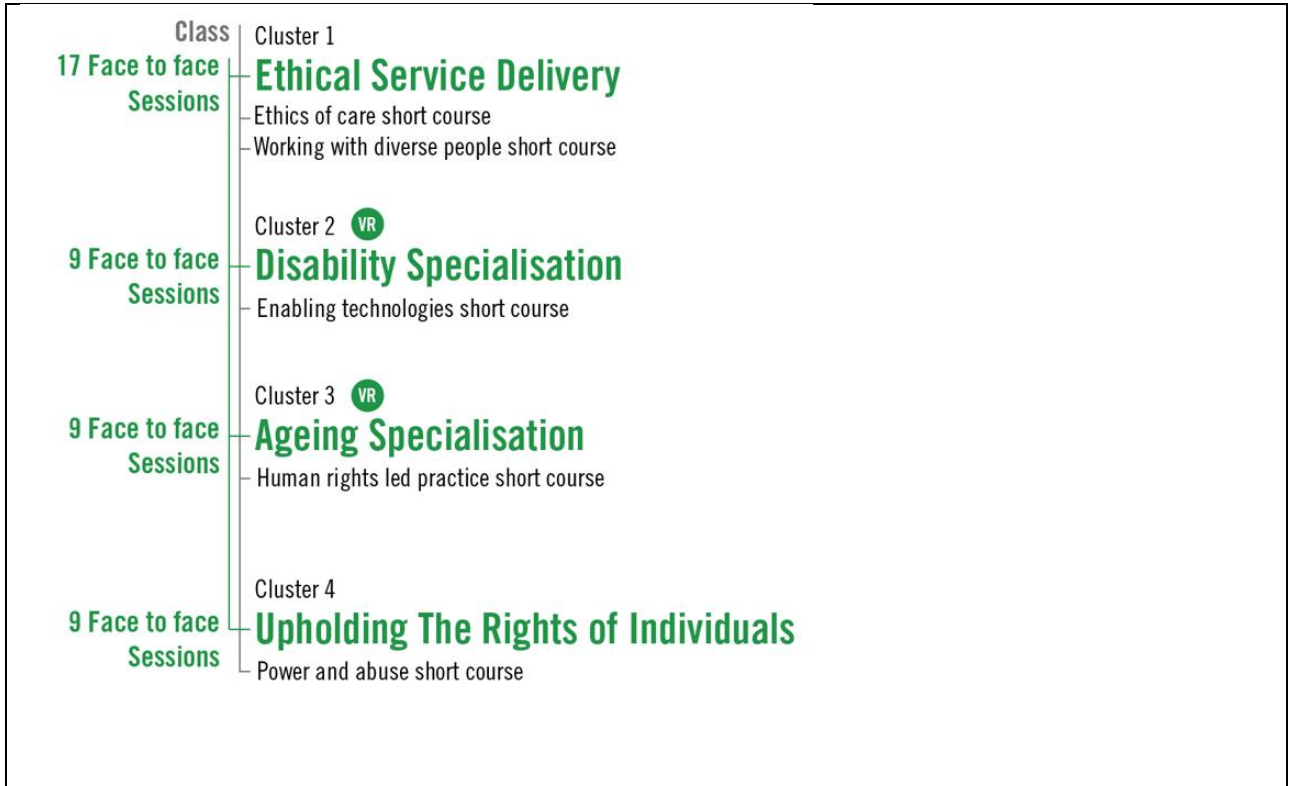


This blended delivery has several advantages for participant learning including:

- developing their professional identity within the aged care and disability sector
- advance their demonstrated knowledge and transferable skills
- communicate effectively to a diverse range of people
- engage in teamwork, problem solving and self-management
- enhance digital literacy skills
- provide opportunities to build workforce capabilities of our future allied health professionals
- increased practical learning opportunities with class room reflections on learnings
- safe learning environment

Program Delivery





Cluster 1

Units:

- CHCCOM005 Communicate and work in health or community services
- CHCLEG001 Work legally and ethically
- CHCDIV001 Work with diverse people
- HLTWHS002 Follow safe work practices for direct client care





Week	Day 1	Day 2	Day 3
1	Wed 8/05/19	Thur 9/05/19	Fri 10/05/19
	Welcome day – with representatives from student support services coming in – complete enrolments	Experts day – panel of experts by experience (lived experience and industry reps)	Alumni day – students spend a day with the alumni talking about the course
2	Wed 15/05/19	Thur 16/05/19	Fri 17/05/19
	Excursion day – students spend morning at aged care facility and afternoon at a disability residential unit with service users	Course familiarity day – students get taught how to use Canvas and paired with buddies/mentors/coaches for ongoing course support What is ethics of care? Introduce online component	Industry day – industry reps come in to meet the students and talk to them about what to expect and give overview of their organisational hierarchy and facilities – pairing of mentors
3	Wed 22/05/19	Thursday 23/05/19	Friday 24/05/19
	Understanding the job role Understanding role of allied health etc. Introduction to NDIS framework	Personal values – what are they? How do they shape what we do? Understanding needs – personal, service users and employers	Models used to support ethics of care (introduce person-centred, rights-based etc.) Introduction to rights
4	Wed 29/05/19	Thursday 30/05/19	Friday 31/05/19
	Introduction to the virtual environment and the online legislative component – complete this in class with discussion points – policies procedures & org structures part (includes assessment)	Using communication to show respect and understand others Building rapport Documentation – written and electronic Communications protocols Using digital media	Ethics of care module
5	Wed 05/06/19 Practical room	Thursday 06/06/19	Friday 07/06/19
	Safety – what is it and why is it important	Managing personal stress and fatigue	Diversity module online





	Using lifting equipment slide sheets Hand washing	Self-care Feedback and personal improvement	
6	Wed 12/06/19	Wed 13/06/19 Practical room	Wed 14/06/19
	Dealing with conflict Ethical dilemmas (linked to ethical care frameworks) Legal breaches Problem solving techniques Understanding where workplaces can improve How to provide feedback (assess on this – done in class)	Students conduct a safety audit and then participate in debriefings Hazard and risk management Emergencies	Diversity module online
7	Wed 19/06/19	Thurs 20/06/19	Fri 21/06/19
	Explanation of what behaviours of concern are and what happens in the workplace Triggers Debriefing	emergency simulation assessments	the online legislative component – complete this in class with discussion points – legislation part (includes assessment) Legal and ethical case study assessments
8	Wed 26/06/19	Thurs 27/06/19	Frid 28/06/19
	Supported placement	Supported placement WHS and risk assessment task	Supported placement
9	Wed 3/07/19 Practical room to split group	Thur 4/07/19 Practical room to split group	Frid 5/07/19 Practical room to split group
	Placement/practical assessments (manual handling task with comm and leg skills)	placement/practical assessments	Placement/practical assessments
10	10/07/19	11/07/19	12/07/19
	Debriefing/catch up		



Cluster 2

Units:

- CHCDIS001 Contribute to ongoing skills development using a strengths-based approach (40)
- CHCDIS002 Follow established person-centred behaviour supports (50)
- CHCDIS007 Facilitate the empowerment of people with disability (100)
- CHCDIS003 Support community participation and social inclusion (60)



Cluster 2 **VR**
Disability Specialisation
 Enabling technologies short course

9 Face to face Sessions

Week	Day 1	Day 2	Day 3
1	17/07/2019	18/07/2019	19/07/2019 Practical room to split group
	Understanding concept of disability and social vs medical models Types of disabilities Experts by experience	Active citizenship Societal impacts on people with disabilities Disability and cultural differences – accommodating cultural and religious needs of service users	Workplace practice – supporting people with disabilities in activities
2	Wed 24/07/19	Thursday 25/7/19	Friday 26/7/19 Practical room to split group
	Workplace practice – supporting people with disabilities in activities	Workplace practice – supporting people with disabilities in activities	Workplace practice – supporting people with disabilities in activities
3	31/07/19	1/08/19	2/08/19 Practical room to split group
	Strategies to support people with disabilities to exercise their rights and choices Overview of daily living activities	Assessment processes used by services providers Ways to build and strengthen networks	Workplace practice – supporting people with disabilities in activities



	Identifying strengths, skills and competencies	Promoting independence	
4	7/08/19	8/08/19	9/08/19 Practical room to split group
	Behaviours of concern – understanding them and why they occur Identifying unmet needs Behaviours of concern – managing and reporting them	Community participation Roles of carers and family – how to navigate conflicting values and agendas Getting feedback	Workplace practice – supporting people with disabilities in activities
5	Wed 14/08/19	Thursday 15/08/19	Friday 16/08/19 Practical room to split group
	Critical incidents – what are they and how to manage them (may need wellbeing support person) Reporting	Positive lifestyle enhancement strategies Disability and cultural differences – accommodating cultural and religious needs of service users	Workplace practice – supporting people with disabilities in activities
6	Wed 21/08/19	Thursday 22/08/19	Friday 23/08/19 Practical room to split group
	Self-limitations Personal values Getting advice and help Searching for additional information to help	Concepts of vulnerability, power, independence and interdependence and importance in disability Safe environments	Workplace practice – supporting people with disabilities in activities
7	Wed 28/08/19	Thursday 29/08/19	Friday 30/08/18 Practical room to split group





	<p>Incidental learning</p> <p>Opportunities for learning</p> <p>Teaching and leaving strategies</p> <p>Prompting – principles and fading</p> <p>reinforcing techniques</p> <p>motivators and de-motivators to learning</p>	<p>Resources to compliment strengths</p> <p>Specialist services and referral options</p> <p>Withdrawing support to appropriate levels</p>	<p>Placement/ practical assessments</p> <p>(support activity for person with disability of their choice – contributing to skill development)</p>
8	<p>Wed 4/09/19</p>	<p>Thursday 5/09/19</p>	<p>Friday 6/09/19</p> <p>Practical room to split group</p>
	<p>Monitoring levels of engagement and working with the service user to overcome barriers</p> <p>Providing constructive feedback</p>	<p>Enabling technology micro-credential</p>	<p>Placement/ practical assessments</p> <p>(support activity for person with disability of their choice – contributing to skill development)</p>
9	<p>Wed 11/09/19</p> <p>Practical</p>	<p>Thursday 12/09/19</p>	<p>Friday 13/09/19</p> <p>Practical room to split group</p>
	<p>Critical incidents – what are they and how to manage them (may need wellbeing support person)</p> <p>Reporting</p>	<p>Enabling technology micro-credential</p>	<p>Placement/ practical assessments</p> <p>(support activity for person with disability of their choice – contributing to skill development)</p>
10	<p>Wed 18/09/19</p> <p>Practical</p>	<p>Thursday 19/09/19</p>	<p>Friday 20/09/19</p> <p>Practical room to split group</p>
	<p>Critical incident simulation assessments</p>	<p>Signs of abuse</p> <p>Reporting and documentation</p> <p>Advocacy services and complaints mechanisms</p>	<p>Placement/ practical assessments</p> <p>(support activity for person with disability of their choice – contributing to skill development)</p>



Cluster 3

Units:

- CHCAGE005 Provide support to people living with dementia (65)
- CHCCAGE001 Facilitate the empowerment of older people (50)
- CHCCCS011 Meet personal support needs (60)

Cluster 3 

9 Face to face Sessions

Ageing Specialisation

Human rights led practice short course

Week	Day 1	Day 2	Day 3
1	Wed 2/10/19	Thursday 3/10/19	Friday 4/10/19 Practical room to split group
	The aged care sector Issues facing older people Care approaches and their applications	Human rights micro-credential	Workplace practice – Daily living activities (shadowing)
2	Wed 9/10/19 Practical room to split group	Thursday 10/10/19 Practical room to split group	Friday 11/10/19 Practical room to split group
	Workplace practice – Daily living activities (shadowing)	Daily living activities (shadowing)	Daily living activities Communicating and supporting with person with dementia
3	16/10/19	17/10/19	18/10/19 Practical room to split group
	Identifying strengths of a person Individual strengths Helping the person to select activities that are	What is dementia? Types of dementia symptoms and indicators Rights of service users	Workplace practice – Communicating and supporting with person with dementia



	relevant to their strengths		
4	23/10/19 Practical room	24/10/19	25/10/19 Practical room to split group
	Transferring people in and out of a car Eating and drinking using appropriate techniques	Communication strategies for people with dementia Planning and facilitating appropriate support activities for people with dementia	Workplace practice – daily living activities
5	30/10/19 Practical room to split group	31/10/19	1/11/19 Practical room to split group
	Grooming Oral hygiene Shaving	The ageing process – physiological and psychological changes Concept of positive ageing Healthy lifestyle factors and risks (online)	Workplace practice – daily living activities
6	Wed 6/11/19 Practical room	Thursday 7/11/19	8/11/19 Practical room to split group
	Bed bathing Dressing and undressing Transferring people from bed to chair	Daily living activities and how to motivate people to participate What is personal support? What are the impacts for service users? Risks and creating safe environments	Placement/practical assessments (leisure and health activity)
7	Wed 13/11/19 Practical room	Thursday 14/11/19	Friday 15/11/19 Practical room to split group
	Toileting and continence aids	Documentation and reporting requirements	Placement/practical assessments





	Showering	Use of computer systems	(leisure and health activity)
8	Wed 20/11/19 Practical room	Thursday 21/11/19	Friday 22/11/19 Practical room to split group
	Falls recovery	Identifying and managing behaviours of concern	Placement/practical assessments (daily living activity)
9	Wed 27/11/19 Practical room	Thursday 28/11/19	Friday 29/11/19 Practical room to split group
	Falls recovery assessment	Self-care Fatigue management Stress management	Placement/practical assessments (daily living activity)
10	Wed 4/12/19 Practical room	Thursday 5/12/19	Friday 6/12/19 Practical room to split group
	Debriefing/catch up	Online quiz	Placement/practical assessments (any outstanding)

Cluster 4

Units:

- CHCCCS015 Provide individual support (30)
- CHCCCS023 Support independence and wellbeing (80)
- CHCCCS021 Respond to suspected abuse (60)
- HLTAAP001 Recognise healthy body systems (70)

Cluster 4

9 Face to face Sessions

Upholding The Rights of Individuals

Power and abuse short course

Week	Day 1	Day 2	Day 3
1	Wed 5/2/20	Thursday 6/2/20	Friday 7/2/20 Practical room to split group





	Wellbeing Healthy lifestyles Social, cultural and spiritual differences to health and wellbeing – community attitudes Personal values regarding health and wellbeing	Power and abuse microcredential	Workplace practice – supporting people with health and wellbeing activities
2	Wed 12/2/20 Practical room to split group	Thursday 13/2/20 Practical room to split group	Friday 14/2/20 Practical room to split group
	Workplace practice – supporting people with health and wellbeing activities	Workplace practice – supporting people with health and wellbeing activities	Workplace practice – supporting people with health and wellbeing activities
3	Wed 19/2/20	Thursday 20/2/20	Friday 21/2/20 Practical room to split group
	Understanding the human body Overview of body systems and functions Body regulation	Process for responding to abuse Mandatory reporting and next steps in the process	Workplace practice – supporting people with health and wellbeing activities
4	Wed 26/2/20	Thursday 27/2/20	Friday 28/2/20 Practical room to split group
	Impact of exercise Physical, social and financial factors that impact wellbeing Individual needs Roles and rights of people in relation to health and wellbeing – including role of families	Cells, tissues and organs Musculoskeletal system Cardiovascular system Respiratory system	Workplace practice – supporting people with health and wellbeing activities
5	Wed 4/3/20	Thursday 5/3/20	Friday 6/3/20 Practical room to split group
	Ways to encourage people to participate in	Endocrine system Digestive system	Workplace practice – supporting people with





	<p>health and wellbeing activities</p> <p>Acknowledging and supporting strengths</p> <p>Support strategies and resources relating to health and wellbeing</p> <p>Equipment to support people to participate in activities</p>		<p>health and wellbeing activities</p>
6	Wed 11/03/20	Thursday 12/3/20	Friday 13/3/20 Practical room to split group
	<p>Monitoring own work</p> <p>Providing input to promote change in the workplace</p>	<p>Urinary system</p> <p>Reproductive system</p>	<p>Placement/ practical assessments</p> <p>(support activity for person with health and wellbeing activity)</p>
7	Wed 18/03/20	Thursday 19/03/20	Friday 20/03/20 Practical room to split group
	<p>Identifying and responding to changing needs of others</p> <p>Identifying and responding to risks</p> <p>Documentation</p>	<p>Integumentary system</p> <p>Lymphatic system</p>	<p>Placement/ practical assessments</p> <p>(support activity for person with health and wellbeing activity)</p>
8	Wed 25/03/20	Thursday 26/03/20	Friday 27/03/20 Practical room to split group
	<p>Mental health</p> <p>Physical health</p> <p>Protection from infection</p> <p>Nutrition and hydration</p> <p>Reporting variations</p>	<p>Integumentary system</p> <p>Lymphatic system</p>	<p>Placement/ practical assessments</p> <p>(support activity for person with health and wellbeing activity)</p>
9	Wed 1/04/20	Thursday 2/04/20	Friday 3/04/20 Practical room to split group
	<p>Self-care strategies</p>	<p>Nervous system</p> <p>Special senses</p>	<p>Placement/ practical assessments</p>





	Managing stress and fatigue		(support activity for person with health and wellbeing activity)
10	Wed 8/04/20	Thursday 9/04/20	Friday 10/04/20 Practical room to split group
	Debriefing/catch up	Body systems assessment	Placement

