



FSSI RMIT-Semester 1 2019 c3402 Cert III IS (Aged and Disability)

This blended delivery has several advantages for participant learning including:

- developing their professional identity within the aged care and disability sector
- advance their demonstrated knowledge and transferable skills
- communicate effectively to a diverse range of people
- engage in teamwork, problem solving and self-management
- enhance digital literacy skills
- provide opportunities to build workforce capabilities of our future allied health professionals
- increased practical learning opportunities with class room reflections on learnings
- safe learning environment

Program Delivery





Class	
17 Face to face Sessions	Cluster 1 Ethical Service Delivery Ethics of care short course Working with diverse people short course
	Cluster 2 VR Disability Specialisation Enabling technologies short course
	Cluster 3 VR Ageing Specialisation Human rights led practice short course
9 Face to face Sessions	Cluster 4 Upholding The Rights of Individuals Power and abuse short course





Week	Day 1	Day 2	Day 3
1	Wed 10/04/19	Thursday 11/04/19	Friday 12/04/19
	Welcome day – with representatives from student support services coming in – complete enrolments	Experts day – panel of experts by experience (lived experience and industry reps)	Alumni day – students spend a day with the alumni talking about the course
2	Tuesday 16/04/19	Wed 17/04/19	Thurs 18/04/19 (Good Friday)
	Excursion day – students spend morning at aged care facility and afternoon at a disability residential unit with service users	Course familiarity day – students get taught how to use Canvas and paired with buddies/mentors/coaches for ongoing course support What is ethics of care? Introduce online component	Industry day – industry reps come in to meet the students and talk to them about what to expect and give overview of their organisational hierarchy and facilities – pairing of mentors
Break			
3	Wed 1/05/19	Thur 2/05/19	Frid 3/05/19
	Understanding the job role Understanding role of allied health etc. Introduction to NDIS framework	Personal values – what are they? How do they shape what we do? Understanding needs – personal, service users and employers	Models used to support ethics of care (introduce person-centred, rights-based etc.) Introduction to rights
4	Wed 8/05/19	Thur 9/05/19	Fri 10/05/19
	Introduction to the virtual environment and the online legislative component – complete this in class with discussion points – policies procedures & org structures part (includes assessment)	Using communication to show respect and understand others Building rapport Documentation – written and electronic Communications protocols Using digital media	Ethics of care module





5	Wed 15/05/19	Wed 16/05/19	Wed 17/05/19
	Safety – what is it and why is it important Using lifting equipment slide sheets Hand washing	Managing personal stress and fatigue Self-care Feedback and personal improvement	Diversity module online
6	Wed 22/05/19	Thursday 23/05/19	Friday 24/05/19
	Dealing with conflict Ethical dilemmas (linked to ethical care frameworks) Legal breaches Problem solving techniques Understanding where workplaces can improve How to provide feedback (assess on this – done in class)	Students conduct a safety audit and then participate in debriefings Hazard and risk management Emergencies	Diversity module online
7	Wed 29/05/19	Thursday 30/05/19	Friday 31/05/19
	Explanation of what behaviours of concern are and what happens in the workplace Triggers Debriefing	emergency simulation assessments	the online legislative component – complete this in class with discussion points – legislation part (includes assessment) Legal and ethical case study assessments
8	Wed 05/06/19	Thursday 06/06/19	Friday 07/06/19
	Supported placement	Supported placement WHS and risk assessemnt task	Supported placement
9	Wed 12/06/19	Wed 13/06/19	Wed 14/06/19
	Placement/practical assessments (manual handling task with comm and leg skills)	placement/practical assessments	Placement/practical assessments
10	Wed 19/06/19		
	Debriefing/catch up		





Cluster 2

Units:

- CHCDIS001 Contribute to ongoing skills development using a strengths-based approach (40)
- CHCDIS002 Follow established person-centred behaviour supports (50)
- CHCDIS007 Facilitate the empowerment of people with disability (100)
- CHCDIS003 Support community participation and social inclusion (60)

Week	Day 1	Day 2	Day 3
1	Wed 10/07/2019	Thurs 11/07/2019	Friday 12/07/2019
	Understanding concept of disability and social vs medical models Types of disabilities Experts by experience	Active citizenship Societal impacts on people with disabilities Disability and cultural differences – accommodating cultural and religious needs of service users	Workplace practice – supporting people with disabilities in activities
2	Wed 17/07/2019	Thurs 18/07/2019	Friday 19/07/2019
	Workplace practice – supporting people with disabilities in activities	Workplace practice – supporting people with disabilities in activities	Workplace practice – supporting people with disabilities in activities
3	Wed 24/07/19	Thursday 25/7/19	Friday 26/7/19
	Strategies to support people with disabilities to exercise their rights and choices Overview of daily living activities Identifying strengths, skills and competencies	Assessment processes used by services providers Ways to build and strengthen networks Promoting independence	Workplace practice – supporting people with disabilities in activities
4	Wed 31/07/19	Thurs 1/08/19	Friday 2/08/19
	Behaviours of concern – understanding them and why they occur Identifying unmet needs	Community participation Roles of carers and family – how to navigate conflicting values and agendas	Workplace practice – supporting people with disabilities in activities





	Behaviours of concern – managing and reporting them	Getting feedback	
5	Wed 7/08/19	Thurs 8/08/19	Friday 9/08/19
	Critical incidents – what are they and how to manage them (may need wellbeing support person) Reporting	Positive lifestyle enhancement strategies Disability and cultural differences – accommodating cultural and religious needs of service users	Workplace practice – supporting people with disabilities in activities
6	Wed 14/08/19	Thursday 15/08/19	Friday 16/08/19
	Self-limitations Personal values Getting advice and help Searching for additional information to help	Concepts of vulnerability, power, independence and interdependence and importance in disability Safe environments	Workplace practice – supporting people with disabilities in activities
7	Wed 21/08/19	Thursday 22/08/19	Friday 23/08/19
	Incidental learning Opportunities for learning Teaching and leaving strategies Prompting – principles and fading reinforcing techniques motivators and de-motivators to learning	Resources to compliment strengths Specialist services and referral options Withdrawing support to appropriate levels	Placement/ practical assessments (support activity for person with disability of their choice – contributing to skill development)
8	Wed 28/08/19	Thursday 29/08/19	Friday 30/08/18
	Monitoring levels of engagement and working with the service user to overcome barriers	Enabling technology micro-credential	Placement/ practical assessments (support activity for person with disability of their choice –





	Providing constructive feedback		contributing to skill development)
9	Wed 4/09/19	Thursday 5/09/19	Friday 6/09/19
	Critical incidents – what are they and how to manage them (may need wellbeing support person) Reporting	Enabling technology micro-credential	Placement/ practical assessments (support activity for person with disability of their choice – contributing to skill development)
10	Wed 11/09/19	Thursday 12/09/19	Friday 13/09/19
	Critical incident simulation assessments	Signs of abuse Reporting and documentation Advocacy services and complaints mechanisms	Placement/ practical assessments (support activity for person with disability of their choice – contributing to skill development)

Cluster 3

Units:

- CHCAGE005 Provide support to people living with dementia (65)
- CHCCAGE001 Facilitate the empowerment of older people (50)
- CHCCCS011 Meet personal support needs (60)

Week	Day 1	Day 2	Day 3
1	Wed 2/10/19	Thursday 3/10/19	Friday 4/10/19
	The aged care sector Issues facing older people Care approaches and their applications	Human rights micro-credential	Workplace practice – Daily living activities (shadowing)
2	Wed 9/10/19	Thursday 10/10/19	Friday 11/10/19
	Workplace practice – Daily living activities (shadowing)	Daily living activities (shadowing)	Daily living activities Communicating and supporting with person with dementia
3	Wed 16/10/19	Thursday 17/10/19	Friday 18/10/19
	Identifying strengths of a person	What is dementia? Types of dementia	Workplace practice –





	Individual strengths Helping the person to select activities that are relevant to their strengths	symptoms and indicators Rights of service users	Communicating and supporting with person with dementia
4	Wed 23/10/19	Thurs 24/10/19	Friday 25/10/19
	Transferring people in and out of a car Eating and drinking using appropriate techniques	Communication strategies for people with dementia Planning and facilitating appropriate support activities for people with dementia	Workplace practice – daily living activities
5	Wed 30/10/19	Thursday 31/10/19	Friday 1/11/19
	Grooming Oral hygiene Shaving	The ageing process – physiological and psychological changes Concept of positive ageing Healthy lifestyle factors and risks (online)	Workplace practice – daily living activities
6	Wed 6/11/19	Thursday 7/11/19	Friday 8/11/19
	Bed bathing Dressing and undressing Transferring people from bed to chair	Daily living activities and how to motivate people to participate What is personal support? What are the impacts for service users? Risks and creating safe environments	Placement/practical assessments (leisure and health activity)
7	Wed 13/11/19	Thursday 14/11/19	Friday 15/11/19
	Toileting and continence aids Showering	Documentation and reporting requirements Use of computer systems	Placement/practical assessments (leisure and health activity)
8	Wed 20/11/19	Thursday 21/11/19	Friday 22/11/19





	Falls recovery	Identifying and managing behaviours of concern	Placement/practical assessments (daily living activity)
9	Wed 27/11/19	Thursday 28/11/19	Friday 29/11/19
	Falls recovery assessment	Self-care Fatigue management Stress management	Placement/practical assessments (daily living activity)
10	Wed 4/12/19	Thursday 5/12/19	Friday 6/12/19
	Debriefing/catch up	Online quiz	Placement/practical assessments (any outstanding)

Cluster 4

Units:

- CHCCCS015 Provide individual support (30)
- CHCCCS023 Support independence and wellbeing (80)
- CHCCCS021 Respond to suspected abuse (60)
- HLTAAP001 Recognise healthy body systems (70)\

Week	Day 1	Day 2	Day 3
1	Wed 5/2/20	Thursday 6/2/20	Friday 7/2/20
	Wellbeing Healthy lifestyles Social, cultural and spiritual differences to health and wellbeing – community attitudes Personal values regarding health and wellbeing	Power and abuse microcredential	Workplace practice – supporting people with health and wellbeing activities
2	Wed 12/2/20	Thursday 13/2/20	Friday 14/2/20
	Workplace practice – supporting people with health and wellbeing activities	Workplace practice – supporting people with health and wellbeing activities	Workplace practice – supporting people with health and wellbeing activities
3	Wed 19/2/20	Thursday 20/2/20	Friday 21/2/20
	Understanding the human body Overview of body systems and functions Body regulation	Process for responding to abuse Mandatory reporting and next steps in the process	Workplace practice – supporting people with health and wellbeing activities





4	Wed 26/2/20	Thursday 27/2/20	Friday 28/2/20
	Impact of exercise Physical, social and financial factors that impact wellbeing Individual needs Roles and rights of people in relation to health and wellbeing – including role of families	Cells, tissues and organs Musculoskeletal system Cardiovascular system Respiratory system	Workplace practice – supporting people with health and wellbeing activities
5	Wed 4/3/20	Thursday 5/3/20	Friday 6/3/20
	Ways to encourage people to participate in health and wellbeing activities Acknowledging and supporting strengths Support strategies and resources relating to health and wellbeing Equipment to support people to participate in activities	Endocrine system Digestive system	Workplace practice – supporting people with health and wellbeing activities
6	Wed 11/03/20	Thursday 12/3/20	Friday 13/3/20
	Monitoring own work Providing input to promote change in the workplace	Urinary system Reproductive system	Placement/ practical assessments (support activity for person with health and wellbeing activity)
7	Wed 18/03/20	Thursday 19/03/20	Friday 20/03/20
	Identifying and responding to changing needs of others Identifying and responding to risks Documentation	Integumentary system Lymphatic system	Placement/ practical assessments (support activity for person with health and wellbeing activity)
8	Wed 25/03/20	Thursday 26/03/20	Friday 27/03/20
	Mental health Physical health	Integumentary system Lymphatic system	Placement/ practical assessments





	Protection from infection Nutrition and hydration Reporting variations		(support activity for person with health and wellbeing activity)
9	Wed 1/04/20	Thursday 2/04/20	Friday 3/04/20
	Self-care strategies Managing stress and fatigue	Nervous system Special senses	Placement/ practical assessments (support activity for person with health and wellbeing activity)
10	Wed 8/04/20	Thursday 9/04/20	Friday 10/04/20
	Debriefing/catch up	Body systems assessment	Placement

